

NEW SoccerDrills.com



THE INNOVATIVE FEATURES OF NEWSOCCERDRILLS.COM

With Newsoccerdrills.com you can easily create your own exercises, training sessions and personal folders!

Here's how, in just a few clicks!

PRESENTATION FAQs ABOUT US CONTACTS PRIVACY POLICY TERMS AND CONDITIONS COPYRIGHT HOME

NEW SoccerDrills.com Plans Account Favorites Training plans My exercises

Prepare your training Special Contributions Collections Virtual Assistant

Professional updating and method make a difference: drills, exercises, services and tools for soccer coaches!

NEW

- Game: Keep the ball!
- Game: Run for the ball!
- Game: Don't lose your ball!

WORKSHOP

EXERCISE
Game: Keep the ball!

NEWSOCCERDRILLS.COM IS A MULTILINGUAL WEBSITE THAT ALLOWS YOU TO:

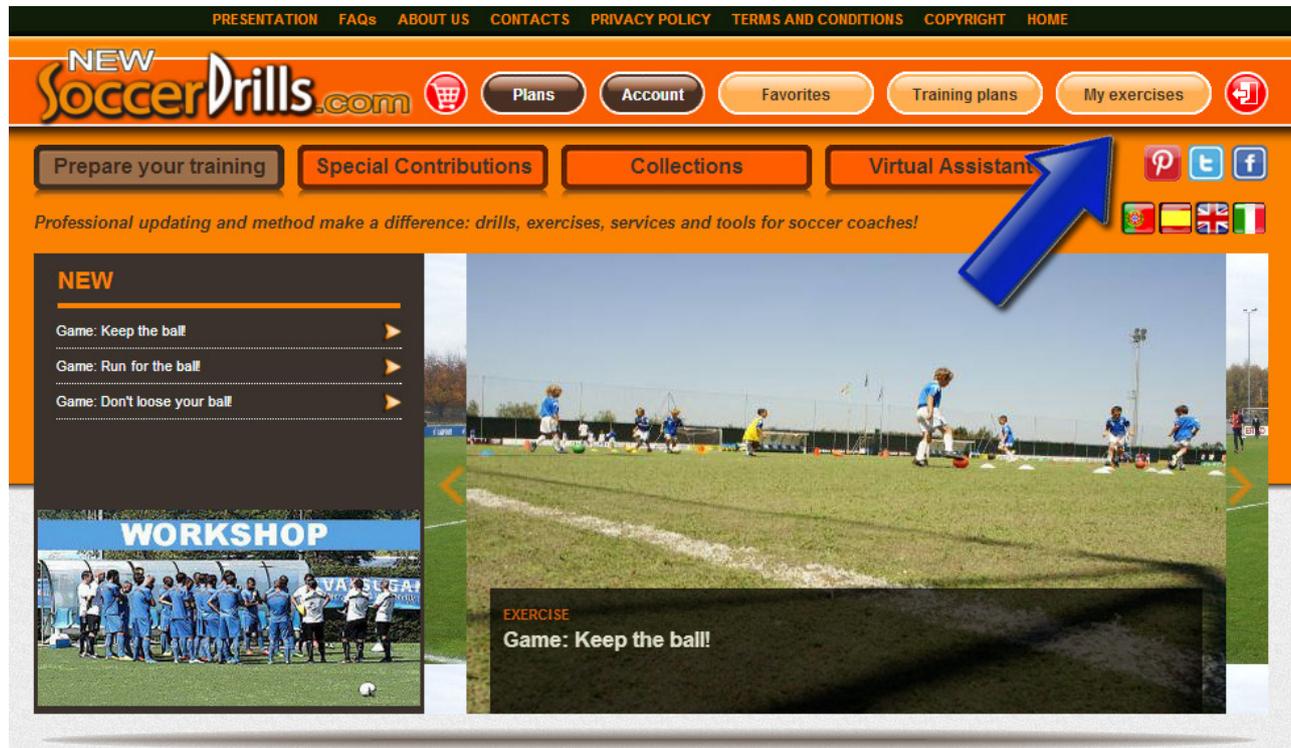
- 1) **HAVE ACCESS TO AN EXTENSIVE AND CONTINUOUSLY UPDATED DATA-BASE OF EXERCISES;**
- 2) **PREPARE, EDIT AND STORE YOUR OWN SOCCER DRILLS AND PRACTICE PLANS;**
- 3) **DIG DEEPER INTO SPECIFIC TOPICS WITH INSIGHTS AND ARTICLES OF THE SPECIAL CONTRIBUTIONS SECTION;**
- 4) **EVALUATE YOUR OWN WORK AND ENHANCE YOUR TEAM'S POTENTIAL WITH THE VIRTUAL ASSISTANT TOOLS.**

 info@newsoccerdrills.com

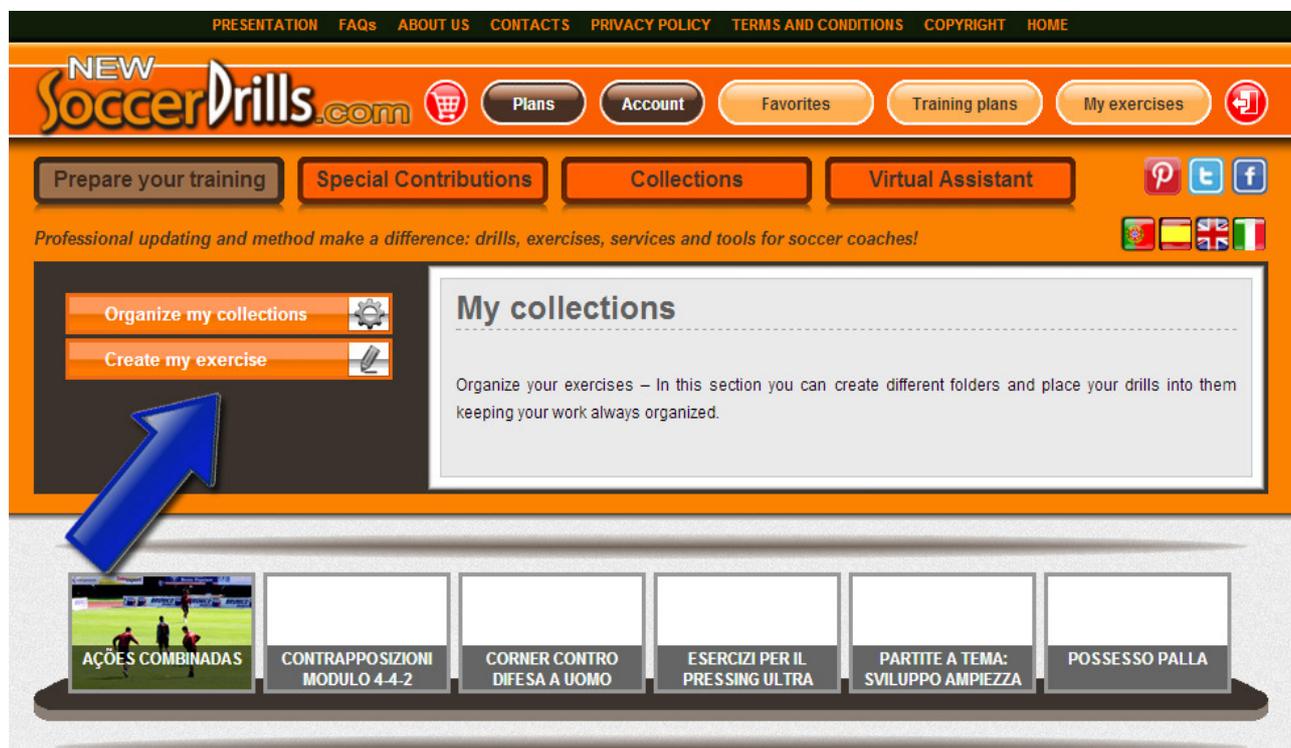
 TEL +39 0584 976585
FAX 39 02 36215556

LET'S GET STARTED!

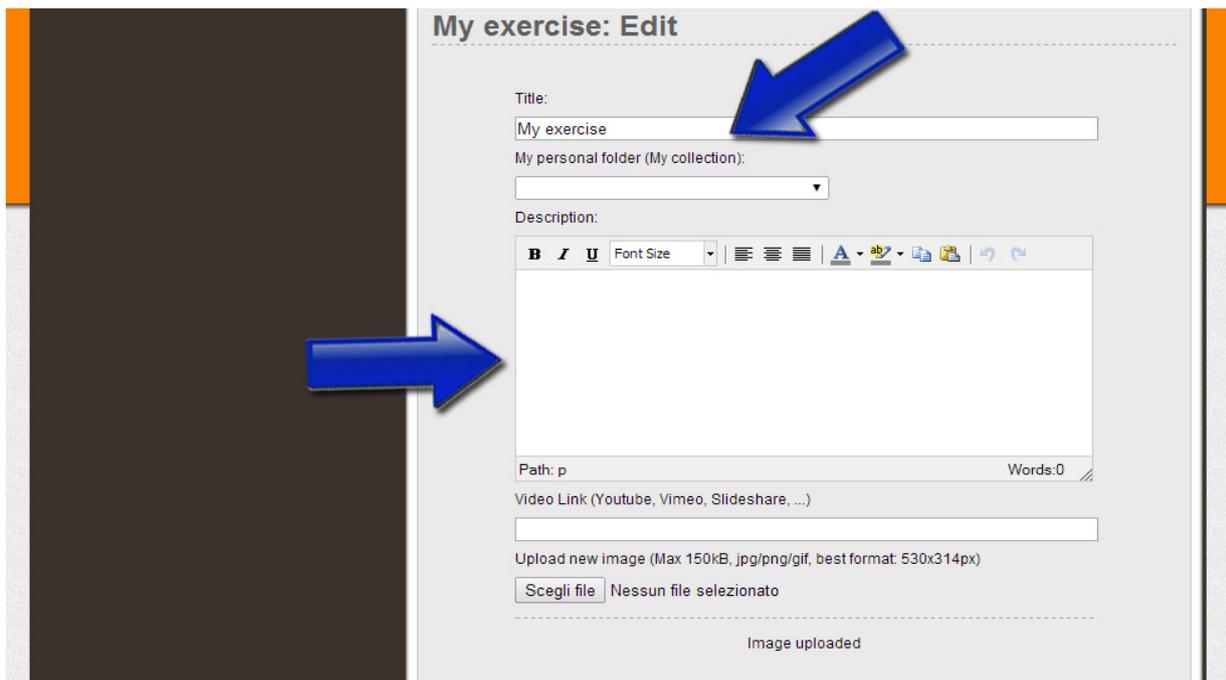
To **CREATE YOUR OWN EXERCISES** click on:



and then on:



NOW, YOU CAN CREATE YOUR OWN DRILLS!



My exercise: Edit

Title:

My personal folder (My collection):

Description:

B *I* U Font Size | |

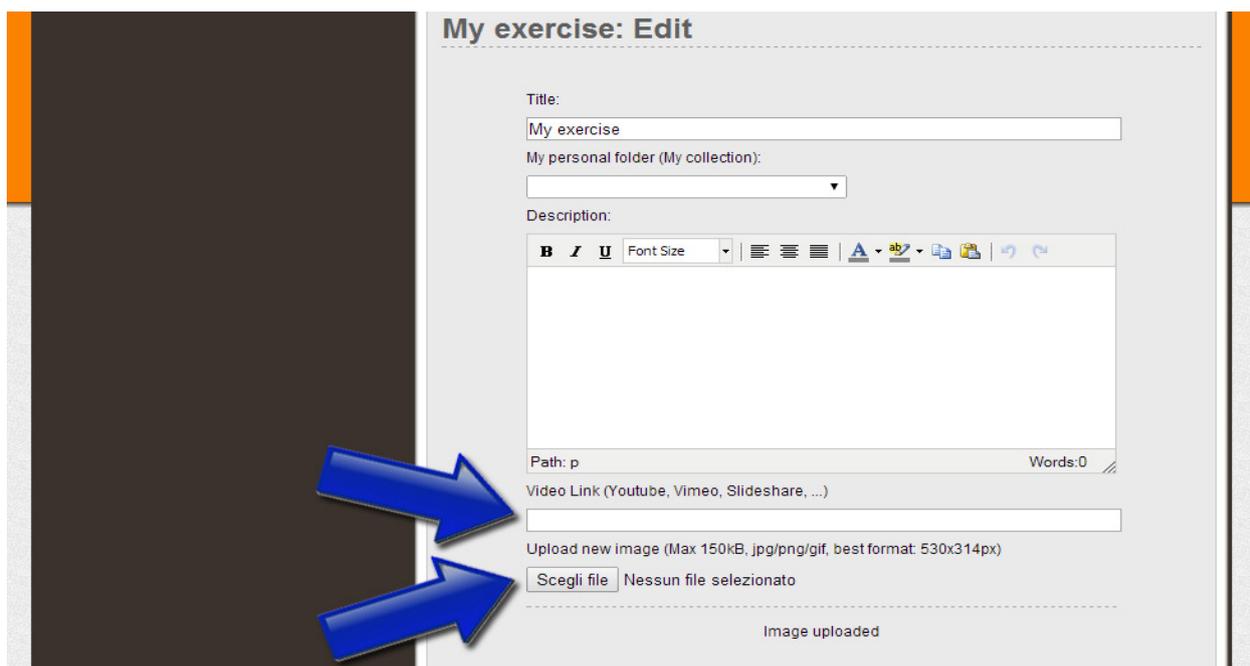
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Video Link (Youtube, Vimeo, Slideshare, ...)

Upload new image (Max 150kB, jpg/png/gif, best format: 530x314px)
 Nessun file selezionato

Image uploaded

- 1. Add a title and a description.** Just type them in!
- 2. Add your exercise to a specific personal folder.** You just have to choose one of your collections by clicking on the arrow of the drop-down menu “**My personal folders/My collections**”. The menu shows the folders you have created: choose one, and your drill will be saved in the selected collection.
- 3. Add the link of a video (copy and paste the URL in the space that's indicated below) or/and a diagram (just upload the file that you saved on your computer).** You can use an image that you found on the Internet, or a diagram that you made with your favorite software or you can even upload a picture that you took of one of your scratches!



My exercise: Edit

Title:

My personal folder (My collection):

Description:

B *I* U Font Size | |

Path: p Words:0

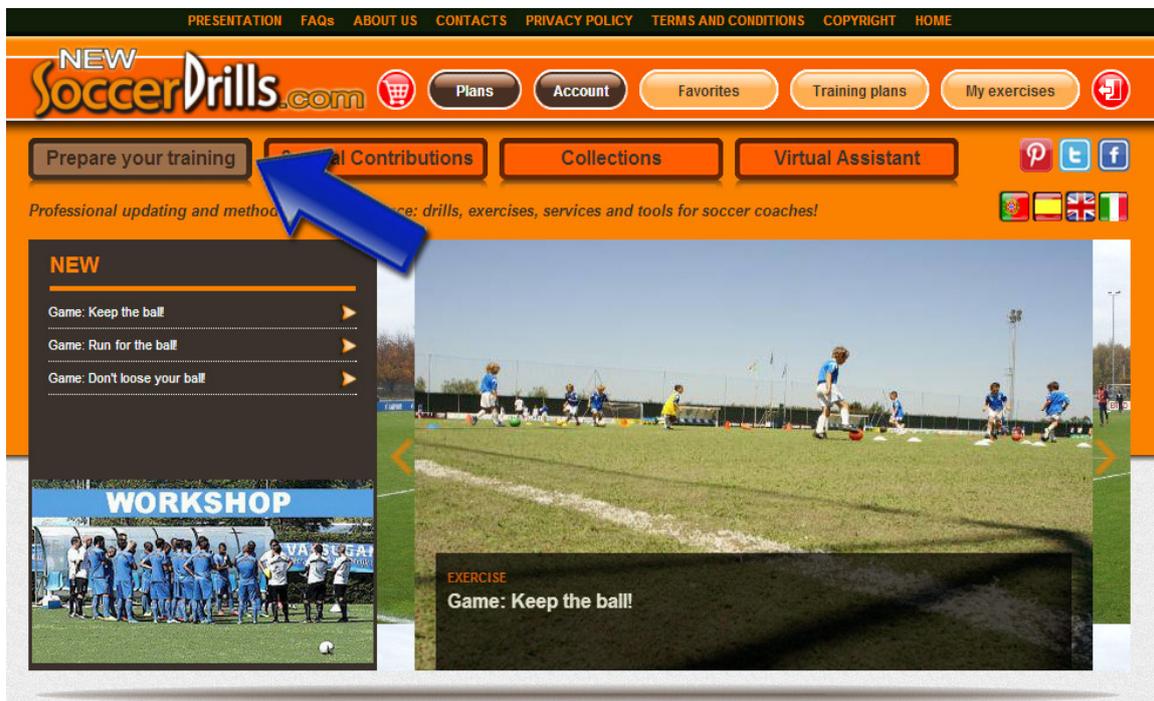
Video Link (Youtube, Vimeo, Slideshare, ...)

Upload new image (Max 150kB, jpg/png/gif, best format: 530x314px)
 Nessun file selezionato

Image uploaded

NEXT STEP: YOUR PRACTICE PLAN!

To CREATE YOUR PRACTICE PLANS click on:



You will visualize a page divided into 2 sections: the exercises list and the training plan.
Get into “Training plan”:



3. Add your practice plan details

Click on “Add info”:

The screenshot shows a web interface with two tabs: 'Exercises' and 'Training plan'. The 'Training plan' tab is active. Below the tabs, there is a heading 'List of exercises' and a table with columns: Exercises order, Title, Starts at, Ends at, and Duration. Below the table, there is a text box asking if the user wants to modify the order of drills. Below that, there is a heading 'Add exercises' and three buttons: 'List of exercises', 'My exercises', and 'Create my exercise'. Below these buttons, there is a heading 'Training plan info' and a text box asking the user to add notes and goals. Below the text box, there is a button 'Add Info' which is highlighted with a blue arrow. Below the 'Add Info' button, there are two buttons: 'Finalize training plan' and 'Print Training plan'. At the bottom, there is a text box with instructions: 'Click on "Finalize" if your training plan is completed. Click on "Print" if you want to take your training plan with you.'

You will visualize the chart below and you will be able to enter your practice plan goals and your notes. Once you're done, don't forget to save your practice plan details by clicking on “Save info”:

The screenshot shows the 'Training plan info' form. It has a heading 'Training plan info' and a text box asking the user to complete their training session by adding notes and goals. Below the text box, there are several input fields: 'Coach', 'Club/Category', '*Title' (with the value 'seduta 26/06/2014'), 'Scheduled for', and 'Time'. Below these fields, there are two text areas: 'Goals' and 'Notes'. Both text areas have a rich text editor toolbar with options for bold, italic, underline, font size, bulleted list, numbered list, link, unlink, and insert image. Below the 'Goals' text area, there is a 'Path: p' field and a 'Words:0' counter. Below the 'Notes' text area, there is a 'Path: p' field and a 'Words:0' counter. At the bottom of the form, there is a button 'Save info' which is highlighted with a blue arrow. There are also blue arrows pointing to the 'Goals' and 'Notes' text areas.

3. Store your practice plan

Now that your practice plan is ready, click on "**Print Training Plan**" and take it with you to the soccer pitch! Otherwise, if you click on "**Finalize training plan**", your session will be saved in your training plans list.

To review, edit or, if necessary, delete a practice session, check your **Training Plans** list whenever you want. You just have click on:

The screenshot shows the website interface for NEW SoccerDrills.com. The top navigation bar includes links for PRESENTATION, FAQs, ABOUT US, CONTACTS, PRIVACY POLICY, TERMS AND CONDITIONS, COPYRIGHT, and HOME. Below this, the site logo and several buttons are visible: Plans, Account, Favorites, Training plans (highlighted with a blue arrow), and My exercises. A secondary navigation bar contains buttons for Prepare your training, Special Contributions, Collections, and Virtual Ass. Below the navigation, a banner reads "Professional updating and method make a difference: drills, exercises, services and tools for soccer coaches!" with social media icons and language flags. The main content area is titled "Training plans" and contains the text "Create your training sessions." with a "New training session" button. Below this is a table with a "Title" header and several rows of training drills, each with associated icons for print, edit, and delete.

Title	Print	Edit	Delete
Pressing ultraoffensivo			
Pressing difensivo			
Elastico difensivo			
Risalita difensiva			
Ripiegamento difensivo			
Contrapposizione di reparto			

NEWSOCCERDRILLS'S EXERCISES SECTION

Let's see what you will visualize if you don't get into training plan, and you stay inside our **Exercises** section.

Here, you can select our drills by players' age, space and exercise type. Use the advanced search:

The screenshot shows the NEWSOCCERDRILLS.COM website interface. At the top, there is a navigation bar with links for PRESENTATION, FAQs, ABOUT US, CONTACTS, PRIVACY POLICY, TERMS AND CONDITIONS, COPYRIGHT, and HOME. Below this is the site logo and several buttons: Plans, Account, Favorites, Training plans, and My exercises. A secondary navigation bar includes buttons for Prepare your training, Special Contributions, Collections, and Virtual Assistant, along with social media icons for Pinterest, Twitter, and Facebook. A banner below the navigation bar reads "Professional updating and method make a difference: Exercises, services and tools for soccer coaches!" and features flags for Spain, France, and Italy.

The main content area is divided into two tabs: "Exercises" (active) and "Training plan". The "ADVANCED SEARCH" sidebar on the left is highlighted with a blue arrow. It contains the following sections:

- General Aspects (dropdown menu)
- Age (input field)
- Pitch (input field)
- Categories (dropdown menu)
- Individual competence (checkbox)
- Tactical cooperation (checkbox)
- Team organization (checkbox)
- Physical preparation (checkbox)
- APPLY button

The "Exercises" section contains the following text:

Use the search engine on the left to select drills or browse the exercises and choose the ones that you want to add to your training plan by clicking on . Click on [Training plan](#) to complete and print your training session.

Below this text is a pagination control showing page 1 of 13.

The first exercise listed is "Game: Keep the ball!". It is described as a "Basic drill to introduce ball handling, dribbling and shielding." and includes a diagram of a soccer pitch with player positions. Below the description are icons for search, print, document, and star.

The second exercise listed is "Game: Run for the ball!". It is described as a "Fun game that should be used with younger kids (U5-U10) to introduce ball handling and to teach them how to be fast and reactive." and includes a diagram of a soccer pitch with player positions. Below the description are icons for search, print, document, and star.

Once you find the exercise/exercises that you're looking for, use the buttons that are shown below and speed up your work!

This is a close-up view of the "Exercises" section. The "ADVANCED SEARCH" sidebar is visible on the left. The main content area shows the "Game: Keep the ball!" exercise. A blue arrow points to the row of icons below the exercise description: a magnifying glass (search), a printer (print), a document (document), and a star (favorites).

The "Game: Run for the ball!" exercise is also visible below, with its own set of icons.

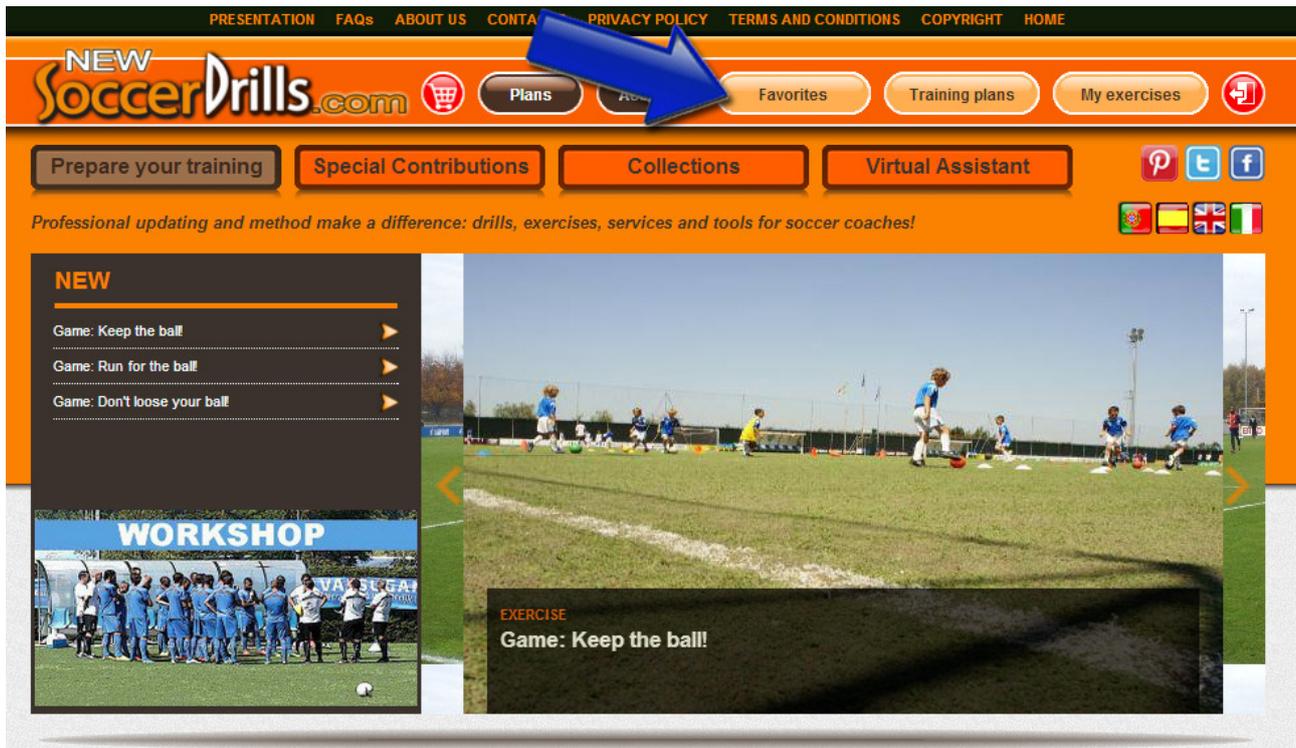
GET A CLOSER VIEW OF THE QUICK ACCESS TOOLBAR!



- 1) Expand description, Graphic, Objectives and Video (if provided);
- 2) Print the selected drill;
- 3) Add the exercise directly to the practice plan that you are preparing;
- 4) Add the exercise to your Favorites and you will be able to work on it later.

WHERE DO I FIND MY FAVORITES?

To view your Favorites, click on:



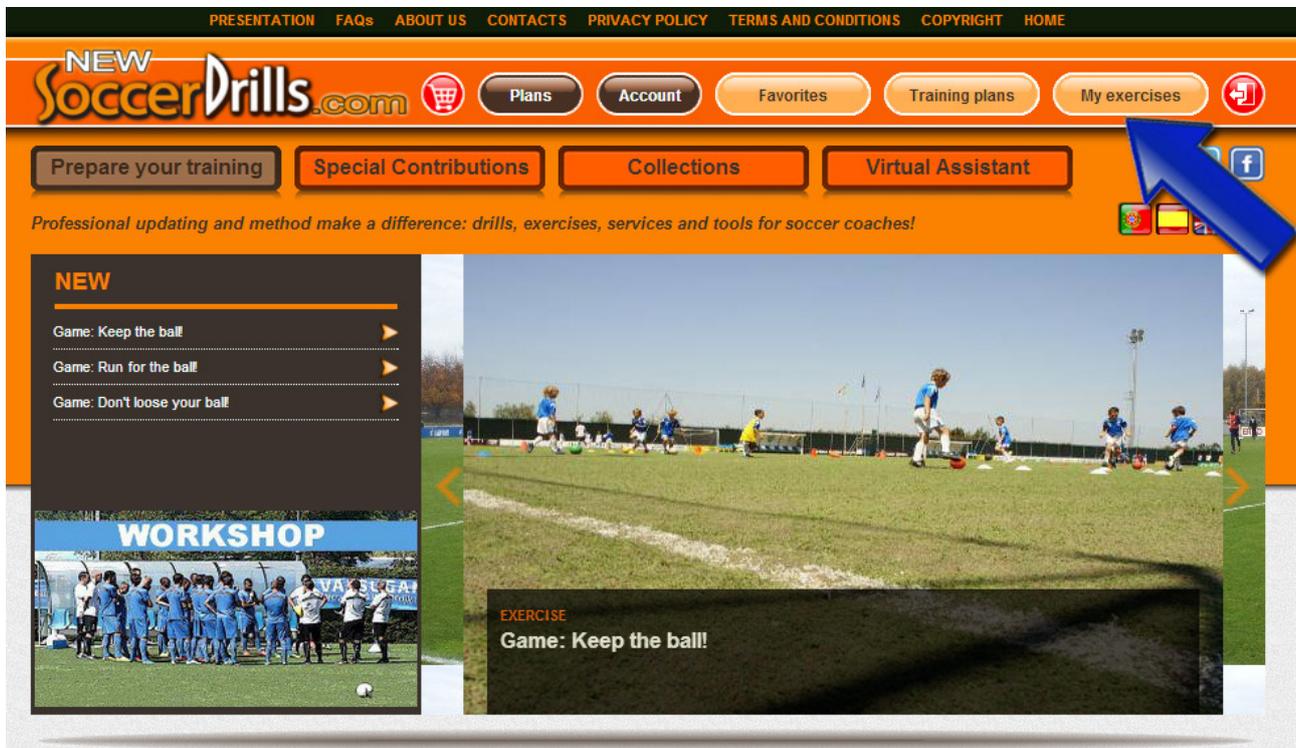
In this section, you will find all the exercises that you marked with a star:



LET'S KEEP EVERYTHING ORGANIZED!

Create your own folders, so that you have your personal collections of exercises always organized!

To CREATE YOUR DRILL COLLECTIONS click on:



Then, get into "Organize my collections":



NOW, YOU CAN ORGANIZE YOUR DRILLS IN PERSONALIZED FOLDERS!

In this section, you can create your own collections to save your drills in specific folders: you just need to click on "Create".

As you create your folders, they will be shown in your **Collections List**.

Organize my collections

New collection

Create a new folder

Create

List of my collections

In this section you can organize your folders. If you delete a folder, its content will be saved in the folder **"My exercises"**.

Title	
set pieces	 
pressing ultra	 
Ball Possession	 
Restarts	 
Ghost games	 

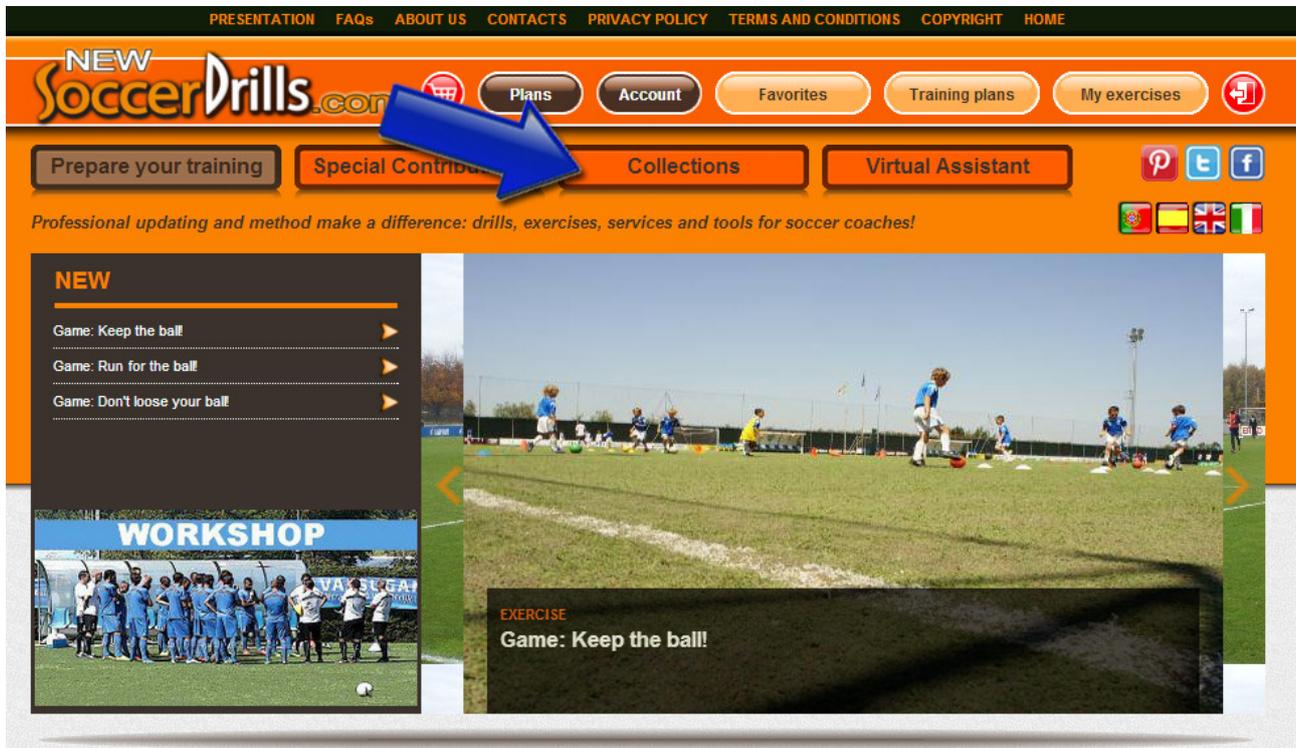
You will always be able to get back to your **Collections List** and make changes: you can either edit or delete the folders that you have created.

If you delete a folder, its content will be saved in "My exercises" and you will always be able to move your exercises to a different collection, if you want.

OTHER SECTIONS

1. COLLECTIONS

To take a look at our drills, click on:

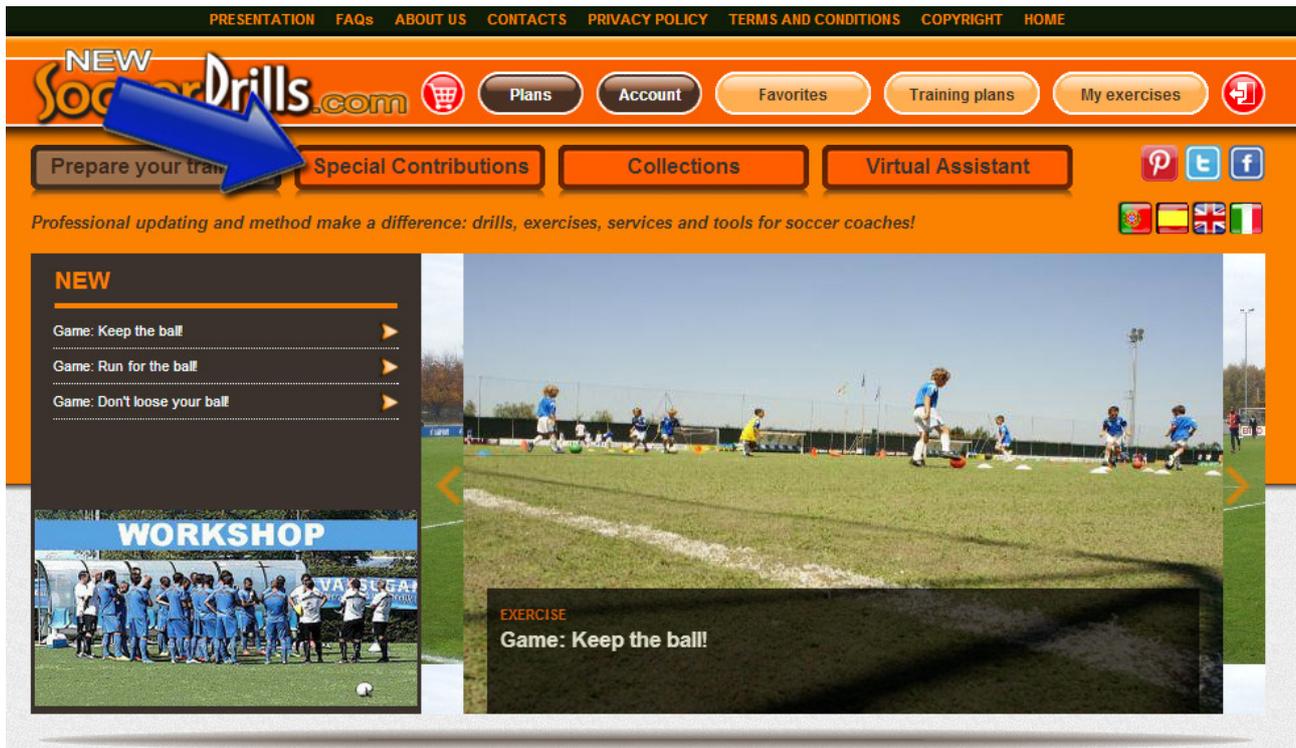


We divided our exercises in 3 main categories and 17 different drills types:



2. SPECIAL CONTRIBUTIONS

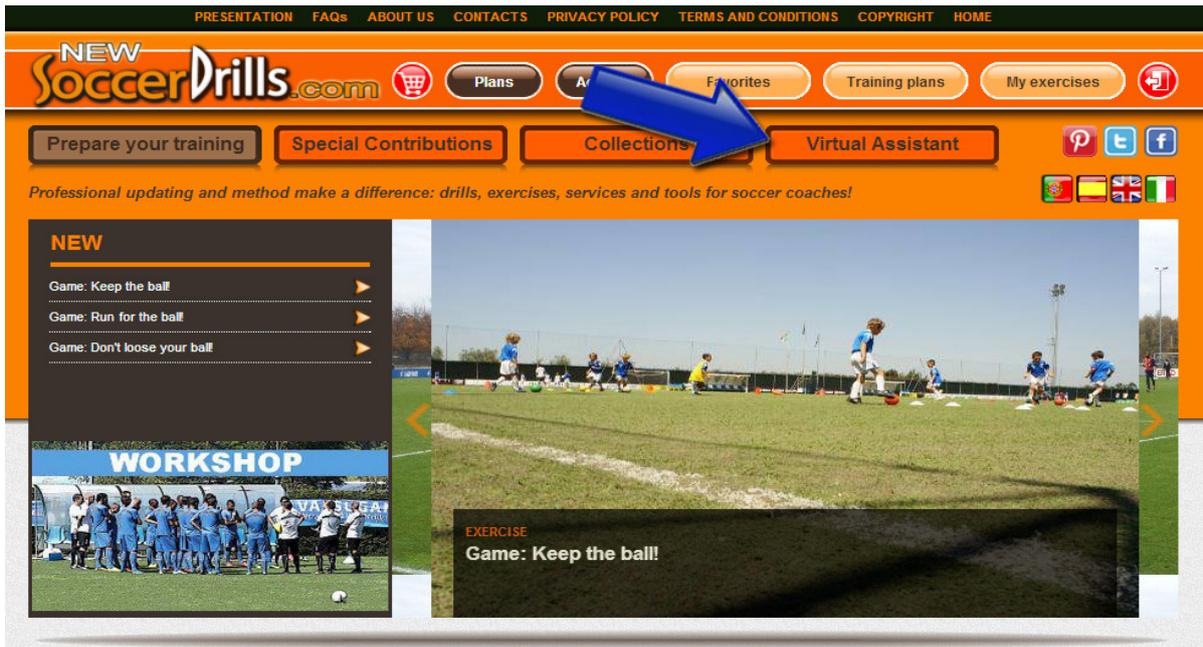
Every month we upload a new insight or article, to view them click on:



July's article is:



3. VIRTUAL ASSISTANT



The Virtual Assistant offers you different tools, that we will keep on uploading. Each tool delves deeply into a specific topic and helps you evaluate your work about that specific aspect.

This is one of the Virtual Assistant tools: "Optimize the organization of your team play":



As you browse down the menu on the left hand side of the web page, you will visualize an interactive guide on the right half of the screen.

Coaching points and key aspects are linked:

click on what your players and your team need to improve, the Virtual Assistant will suggest you the most appropriate drills to reach your goals!